

THE ECHO

LECOM
INSTITUTE FOR SUCCESSFUL LIVING



May 2026

*From the Desk of
James Lin, D.O.*

President, LECOM Institute for Successful Living



Welcome to The Echo! Designed to keep you informed and connected, The Echo, is a monthly newsletter that includes important information and reminders, upcoming events, useful resources, employee awards, birthdays, anniversaries, and more. I hope this valuable tool helps you stay connected with all the special things that take place at LECOM Institute for Successful Living. Thank you for making your community a great place to work!

We want to hear from you!

What would you like to see in future issues?
Help us decide the future of The Echo!



Shout Outs!

The LECOM Institute for Successful Living is proud to welcome new team members—congratulations to our March and April Certified Nursing Aide Training graduates as they begin their careers as CNAs!

Send shout outs to Emily Grande at emily.grande@lecomslc.org or 814-488-3824.

Stay Connected!

HERO LTC Conference

Join us for the 2026 Summer LTC Conference, featuring the HERO Program by LECOM Health.

June 10 & 11, 2026

Register Here!



Save the Date!

Culture of Caring Conference

June 12, 2026

Teamwork: Together is the Only Way Forward

Guest Speakers
Complimentary Lunch



Register Here!

Ray Committee Bingo

Thursday, May 14th
Parkside at Westminster

6-8pm

\$5 per card, \$3 for children under 12

Playing for \$25 gift cards. All proceeds go to the RAY Committee to provide small gifts to employees facing hard times.

For questions, contact Melanie Titzel, mtitzel@lecomslc.org or (814) 384-655



Wings of Hope

AUGUST
1ST
12 PM



REGENCY AT SOUTH SHORE

Here Comes Summer

FARMERS MARKET

July 18, 2026

Parkside at Glenwood

Browse a variety of local vendors featuring handmade goods, fresh produce, baked treats, and unique finds.

REGISTER FOR THE LECOM 5K

August 8, 2026

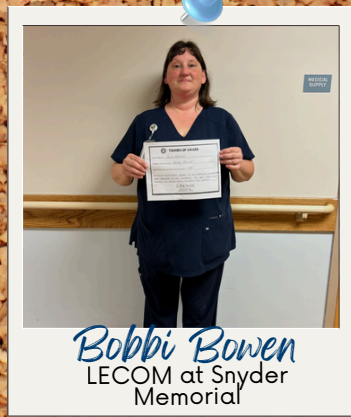
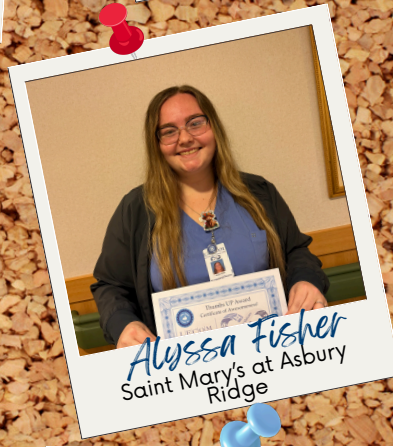
LECOM Medical and Fitness Center



Join us this August for our 5K and be part of a fun, energizing event that brings our community together—one step at a time!

April Thumbs Up Winners!

Thumbs Up is an award recognizing staff who exemplify our core values!



Dental Insurance and the Advantages of Home Host

BAI Benefit Administrators, Inc. PPO Dental Insurance plan offers you the freedom and flexibility to use the dentist of your choice.

However, utilizing a dentist within the LECOM Health Home Host Network (LECOM Erie Dental Clinic, LECOM Bradenton School of Dental Medicine, LECOM DeFuniak Springs Dental Clinic) maximizes your Dental Benefit while reducing your out-of-pocket costs:

- All Copays and Deductibles are waived for eligible employees and anyone in the immediate household (i.e. spouse or children) allowing access to Preventative, Basic and Major Services without charge.
- The benefit maximum per individual is \$1,000 per plan year for Preventative, Basic and Major Services combined. Using the LECOM Health Home Host provides an additional unique benefit, after the maximum of \$1,000 has been reached, services will be billed to the employee at a discounted rate.
- Compare this benefit to use of In-Network or Out-of-Network providers:
 - o \$50.00 Employee or \$150.00 Family Deductible
 - o 20% charge on Basic Services
 - o 50% charge on Major Services
 - o You will be responsible for all charges above the \$1,000 plan year maximum.

Preventative (Diagnostic) Services Include:

- Periodic Oral Examinations (2 in any 12-month period)
- X-Rays (Bitewings-2 in any 12-month period, Full Mouth Series or Panorax Including bitewings-once every 3 years)
- Fluoride Treatments under Age 19 (2 in any 12-month period)
- Prophylaxis
- Space Maintainers under Age 14
- Palliative Emergency Dental Treatments
- Sealants not covered

Basic Restorative Services Include:

- Filing (posterior composites allowed)
- Denture Relining and Repair
- Myofunctional Therapy, Thumbsucking Appliances
- Stainless Steel Crowns

Major Services Include:

- Endodontics
- Oral Surgery
- General Anesthesia for Complex Oral Surgery
- Surgical and Non-surgical Periodontics
- Inlays, Onlays, Crowns (Replacements are limited to once in 5 years)
- Prosthodontics (Replacements are limited to once in 5 years)

No Missing tooth clause

Orthodontia is 50% covered up to dependent Age 19, with a \$1,000 / Dependent lifetime maximum.

Dependent children over Age 19 are not eligible for coverage unless certain conditions are met:

- Dependent children over Age 19 are only eligible if they are a full-time student at an accredited school or university and solely dependent on you for support. A statement from the school or university indicating their full-time status or a copy of their schedule, including number of credits they are carrying must be submitted each semester to ensure continuation of dental coverage.

Your contributions toward the cost of benefits are automatically deducted from your paycheck before taxes.

There is one plan with the cost depending upon whom you cover:

- \$5.00 / pay for Employee only
- \$13.60 / pay for Employee and immediate household (i.e. spouse and/or children)

For more information please view the LECOM Institute for Successful Intranet / Resources:

- The LECOM Institute for Successful Living Benefit Guide (pages 5-6)
- The Dental Grid

*Pennsylvania Employees working outside of Erie County unable to take advantage of the Home Host, please see BAI's "Directory of Participating Dental Providers" for in-network dental providers: BAI Dental Directory

Job Board

Looking for career advancement? Interested in growing within the LECOM Institute for Successful Living continuum? Go to the website and apply today or speak with your direct supervisor.

Featured Jobs

Home Health LPN

LECOM Visiting Nurses Association

Home Health RN Case Manager

LECOM Visiting Nurses Association

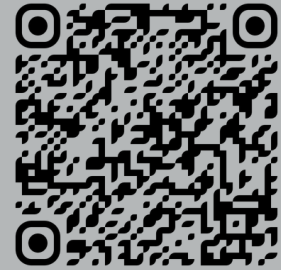
Administrator in Training

LECOM Institute for Successful Living

Assistant Director of Nursing/ADON

LECOM Institute for Successful Living

Check out more jobs here!



Work Anniversaries

5 Year

Rachel Cass - Pharmacy
Nadirah Williams - SLC

1 Year

Stefanie Teeter - Preferred PRN
Alethea Flemings - Preferred PRN
Jessica McKeag - Preferred PRN
Myeshi McGowan - Preferred PRN
Jaida Speed - Preferred PRN
Taiece Thomas - Preferred PRN
Ruby Aseku - Preferred PRN
Judith Ohu - Preferred PRN
Tasha Wardell - Preferred PRN
Marcus Sayre - Transportation
Carol Brissey-Smith - Transportation
Donald Bender - Transportation

Showcasing the milestone anniversaries!

1 Year (cont.)

Merima Demiri - SLC
Jessica Joy - SLC
Leah Haas - SLC
Dominique Kafando - SLC
Lisa Clark - VNA
Stacey Bedow - VNA
Dominique Kafando - SLC
Kammora Sanders - LNR
Chimanga Kabengele - LVS
Patricia Murel - LVS
Dawn Troyer - Corporate Administration

May Birthdays

Administration

Rachele Heasley
Jacqueline Melter
Rebecca Mulligan
Alyssa Oakes

Clinical Practices

Tammy Bulger
Jodi Gruber
Carla Malek
Christopher Shearer

Elmwood

Kathleen Blöse
Jeffrey Mckinley
Camka Sabic
Mary Styn

LCHA

Andrew Bates
Hattie Johnson
Ryan Kozlowski
Amy Van Damia
Sheryl Ziroli

LNR

Ashley Gantz
Tateanna Green
Hser Htoo
Zachary Hummer
Jennifer Loomis
Dana Oyebanji
Haily Ward

LVS

Mary Knight
Sharon Strohmeier
Daemira Williams
Wendy Yankosky

Parkside Glenwood

Jessica Arocho
Sailor Campbell
Jaiden Froehlich
Davajah Tate

Parkside North East

Ashlynn Brunot
Ahbriella DeHaven

Pharmacy

Adam Vincik

Preferred PRN

Shakiyla Butler
Shiva Esfahbodi-Rad
Kymberly Henry
Nicholette Hurlbert
Telia Knight
Denise Leashore
Chyna Nixon
Jamiee Pracht
Stacey Preite
Niala Schley
Amanda Skarlinski

Regency

Monica Jones
Inna Rotaru
Nicole Smith
Alexis Steadman
Alexandria Sterner
Keshone Williams

Saint Mary's

Deborrah Adams
Melody Amendola
Angela Balognae
Michael Christy
Susan Clark
Carolyn Crawford
Diane Ebert
D'Aaron Ellis
Emily Evers
Brendan Heidt
Adelisa Hucic
Thomas Orlando
Darcy Orsini
Patricia Preston
Leeanne Pukylo
Alphonsine Rehema
Kim Sickert
Cheryl Szuchmanski
Sherrie Zack

SLC

Sandra Davids
Amanda Donnelly
Nikia Dunn
Tiffany Eaddy

Marleah Gore
Marilyn Johnson
Michelle KomisarSKI
Brooke Lowry
Jemica Lucas
Tarsha Lucas
Eleanor Masri
Sherin Mathew
Mark Miller
Cameron Olsen
Dhara Patel
Fatin Pullium
Gina Satelli
Navneet Shergill
Tina Stafford-Niebauer
Danielle Troutman
Kathryn Wiley
Deritza Yound
Kaya Zuck

Snyder

Alicia Bloom
Brenda Carbaugh
Staci Collarini
Carrie Frantz
Crystal Fulmer
Timothy Kaiser
Leah Lockwood
Carmen Nelson
Deborah Scholar
Linda Shay
Kirstin Snyder
Mary Stahlman
Ashleigh Styen
Michelle Zug

VNA

Rosangely Avila
Lisa Clark
Lisa Gast
Richard Knepper
Leslie Mead
Susan Richter
Sara Shuhart
Nichole Whiteley

Welcome to the Team!

Clinical Practices

Caitlin Easton
Amanda Coccarelli
Alyssa Hanlon
Katrina Saylor

Corporate Admin

Emily Grande

ELM

Heather Motter
Emily Schaaf
Tammie Lentz
Ranee Wykoff

LNR

Ramon Colon
Alexandria Lanagan
Suzanne Seda
Jimmone Cole-Coyle
Shannon Williams
Lois Lyles-Hargrove

LVS

Deshaun Pickens
Riley Brereton
Nila Jones
Anjelica Edinger
Bridgette Anthony
Ruqaya Absawi
Kiomara Cartagena

Parkside Glenwood

Jermaine Nixon
Nasseer Pacley
Cassandra Wakeley
Flame Young-Johnson
Sarah Raucci
Caitlin Nelson

Sidonia Arnold
Patricia Neal
Angel Brown
Fayisha Strong
Genesis Vazquez Gonzalez
Tyrone Johnson
Emir Sehovic

Parkside North East

Katie Larner
Abigail Oster
Kimberlee Town
Ashlynn Brunot

Preferred PRN

Kate Walsh
William Sanner
Merisa Kovacevic
Donnie Holder
Brianna Huff

Regency

Kimoni Balthazar
Briana Crail
Alicia Ardillo
Ruth Ortiz-Flores
William Morrow
Nolani Lasanta
Stephanie Coffman

Saint Mary's

Michael Whiteman
Alexis Pulos
Julie Ecker
Blake Parker
Natawsha Seaman
Brashanique Cooley
Lacey Strike

Joseph Rodrigues
Jamie Henretty
Noel Farley

SLC

Karen Sutkovich
Todd Butcher
Heather Allen
Iryna Kovalchuk
Kristen Tann
Leroy Kehm
Jomarie Carrero-Diaz
Jovayah Clinton
Bethany Sivak
Tracy Satto
Paulina Haupt
Jacqueen Caserta
Kimberly Yazzie
Yolanda Barnes
Jamari Harris
Karissa Anderson
Zifa Manjic

Snyder

Giana Horvath
Jennifer Glass
Theresa Schrum
Nadia Wilson
Alexander Geitner
Breahna Nicoletti

VNA

Amber Colburn